

# 2010 IJA HIGH PERFORMANCE SQUAD

The IJA National High Performance Squad (HPS) has been designed to best facilitate the development of our most talented Judoka. In particular this element of the Squad Programme aims to identify (through International performances) those members that have demonstrated the potential to qualify for future Olympic Games and achieve results at future European & World Championships.

## **The IJA National High Performance Squad Regulations**

Any current member of the IJA National Squad who has achieved a Top 5 result in an EJU competition (Cadet/Junior/-23/Senior) in 2009 will be eligible for the National High Performance Squad. Any current IJA National Squad member who achieves a Top 5 (or higher) performance in a 2010 EJU competition (Cadet/Junior/-23/Senior) will be eligible with immediate effect. Eligible members must have demonstrated the highest level of compliance to the National Squad Regulations for the previous 12 months and maintain the highest level of compliance throughout to guarantee High Performance Squad (HPS) status.

Once a member has achieved the qualifying standard they will maintain their HPS status for the following 2 years. If a subsequent qualifying result is achieved within the 2 years then the HPS status will be extended to a further 2 years from the date of the most recent result.

High Performance Squad members will be exempt but not excluded from participating in the Domestic Ranking events; however, they must participate in the Irish Open, National Championships and National Squad training sessions even if they are living abroad.

Senior HPS members should submit their desired competition and training camp programme, prior to start of competition calendar, to the HPS Coach for consideration.

The High Performance Squad member will have an individually designed Training & Competition programme. The National HPS Coach will monitor their programme. This will include 'one to one' coaching sessions once every 2 weeks. Selection Criteria for International competitions will be agreed between the HPS Coach, the Athlete (-23 & Senior) and the Athlete's personal Coach. Once agreed, this selection criterion will supercede any other selection criteria for that athlete only. HPS members will also be given priority for selection on International Training Camps.

### 2010 IJA HIGH PERFORMANCE SQUAD (HPS) MEMBERS

KG	NAME	QUALIFICATION RESULT
-48	Lisa Kearney	1. IJF World Cup, Silver. GB 18/9/09 2. EJU European Cup, Bronze. Sweden 1/11/09
-55	Matthew Rooney	1. EJU Junior European Cup, Bronze. Portugal 21/3/09 2. EJU Cadet European Cup, Gold. Spain 15/3/08
-60	Ian Byrne	1. EJU Junior European Cup, 5 <sup>th</sup> . Lithuania 1/5/09
-73	Lloyd Manning	1. EJU Junior European Cup, 5 <sup>th</sup> . Lithuania 1/5/09 2. EJU Junior European Cup, 5 <sup>th</sup> . Czech Republic 2/8/09

### REGULATIONS GOVERNING IJA NATIONAL RANKING 2010-12

From January 2010 National Squad Ranking points will be attributed to performances in designated IJA domestic competitions. This change in qualification for the National Squad is intended to help raise the profile of, and indeed recognize the significance of, IJA Domestic Regional events. The 2011 and 2012 National Squads will be made from the Top 4 athletes in the IJA National Ranking in each category. Points accrued are only valid in the weight category and age band in which they have been achieved and are not transferable in the case of changing weight category or age band in the course of the year. Results in Domestic and stipulated International competitions will be combined to determine the National Ranking. The National Ranking points will be calculated and displayed after each point-scoring event. The IJA National Ranking will be calculated after the All Ireland Championships each December. National Rankings (including points) will be displayed on the IJA website.

IJA	MUNSTER OPEN	GALWAY OPEN	DONEGAL OPEN	LEINSTER OPEN	IRISH OPEN	ALL IRELANDS
1 <sup>ST</sup>	50	50	50	50	150	100
2 <sup>ND</sup>	30	30	30	30	100	70
3 <sup>RD</sup>	20	20	20	20	70	50
4 <sup>TH</sup> *	10	10	10	10	30	20

\* In the case of Pool of five

<b>EJU &amp; IJF</b>	CADET/JUNIOR/ SENIOR HEART OF ENGLAND & NORTH WEST OF ENGLAND OPEN	LOMMEL/ VENRAY/ -23 ALICANTE/ SCOTTISH & ENGLISH OPEN	EJU CADET /JUNIOR /SENIOR	IJF WORLD CUP (OR HIGHER). ECC/EJC/EC/ WCC/WJC/WC
1 <sup>ST</sup>	150	300	600	1000
2 <sup>ND</sup>	100	250	500	850
3 <sup>RD</sup>	70	200	400	700
5 <sup>TH</sup>	30	100	300	550
7 <sup>TH</sup>	0	70	200	400

### **EXTRAORDINARY INVITATION TO NATIONAL SQUAD**

Where a member has not been able to participate in the selection event (or participated unsuccessfully) but has previously demonstrated results, performances or sufficient promise to warrant a place on the IJA National Squad, as determined by the relevant National Squad Coach.

## **IJA Senior National Squad**

All medalists from the Senior Irish Open or Senior IJA National Championships born on or before 1995 will be invited to join the Irish National Senior Squad. . *It is important to stress that every licensed Judoka aged over 15 years is welcome to participate fully in Squad sessions.*

The EJU & IJF recognised weight categories for Senior Judoka are:

Women –48, -52, -57, -63, -70, -78, +78kg.

Men –60, -66, -73, -81, -90, -100, +100kg.

Only results in these categories will be considered for selection for all EJU & IJF Senior Tournaments.

Ranking based on 2009 International results, Irish Open, All Irelands & National Squad Programme compliance

\*Denotes qualification for funded international selection

\*\* Denotes qualification for 'self-funded' international selection

# IJA Senior Ranking List

## SENIOR MEN

### Men -60kg

No'	Name	Club
1	Ian Byrne*	Coolmine
2	Matthew Rooney**	Yamakwai
3	John Power	U.L

### Men -66kg

No'	Name	Club
1	Alexsandros Dolotov	Swords
2	Adam Corcoran**	Coolmine
3	Sergei Petliak	U.C.D
4	Enda Hackett	U.C.C

### Men -73kg

No'	Name	Club
1	Lloyd Manning*	Macroom
2	Gerard Turner**	Lusk
3	Caoimhin Thompson**	Yamakwai
4	Mark Galligan	U.C.D
4	Darragh Trulock	Phoenix

### Men -81kg

No'	Name	Club
1	Tommy Dennis**	Lusk
2	Shane Manning**	Macroom
2	Mark Forde	L.J.A
4	J.T. Deenihan	K.S.J
4	Yuri Zindolis	U.C.D
6	Paul Cummins	U.C.D
6	Nicholas Mernagh	Coolmine

### Men -90kg

No'	Name	Club
1	Janis Sumanis	Ren-bu-kan
2	Julien Lelorrain**	Portmarnock
2	Yuri Zindulis	U.C.D

### Men -100kg

No'	Name	Club
1	Clement Monasse	Portmarnock
2	Wojcich Gornik	Daigokan
3	Mortez Majafi	Portmarnock
4	Paul Green **	Samurai Uladh

### Men +100kg

No'	Name	Club
1	Willie Power*	U.L
2	Aidan Hanna**	Ren-bu-kan
3	William Foley	W.I.T

## SENIOR WOMEN

### Women -48kg

No'	Name	Club
1	Lisa Kearney*	Yamakwai

### Women -52kg

No'	Name	Club
1	Lisa Kearney*	Yamakwai
2	Louise Brown**	St. Peters
3	Shona Maguire	U.C.D

### Women -57kg

No'	Name	Club
1	Gemma Reynolds**	Yamakwai
2	Louise Brown	St. Peters

### Women -63kg

No'	Name	Club
1	Annette Smyth**	Swords
2	Aoife Goulding**	Waterford

### Women -70kg

No'	Name	Club
1	Aoife Goulding	Waterford
2	Renata Tekoriute	U.C.D

### Women -78kg

No'	Name	Club
1	Sarah Hawkes**	Ren-bu-kan
2	Liisi Kirsipuv	U.C.D
3	Alislinn Green	Samurai Uladh

### **Next International Selection Events**

#### EJU European Cup, Monaco. 13/12/09

Selected funded athletes: Lloyd Manning (-73kg), Willie Power (+100kg)

Selected self-funded athletes: Shane Manning (-81kg), Paul Green (-100kg)

#### World Cup, Sofia 30/1/10

Selected self-funded athletes: Lisa Kearney (-48kg)

#### Grand Slam, Paris 6/2/10

Selected funded athletes: Lisa Kearney (-48kg)

#### EJU European Cup, London 15/5/10

Selected funded athletes: Ian Byrne (-60kg), Lloyd Manning (-73kg), Willie Power (+100kg)

Selected self-funded athletes; Adam Corcoran (-66kg), Aleksandros Dolotov (-66kg), Gerard Turner (-73kg), Caoimhin Thompson (-73kg), Shane Manning (-81kg), Julien Lelorrain (-90kg), Paul Green (-100kg), Aidan Hanna (+100kg), Louise Brown (-52kg), Shona Maguire (-52kg), Gemma Reynolds (-57kg), Annette Smyth (-63kg), Aoife Goulding (-63kg), Sarah Hawkes (-78kg)

# IJA Junior National Squad

All medalists from the Junior Irish Open or Junior IJA National Championships born in 1991-93 will be invited to join the Irish National Junior Squad. . *It is important to stress that every licensed Judoka aged between 16-19 are welcome to participate fully in Squad sessions.*

The EJU & IJF recognised weight categories for Junior Judoka are:

Women –44, –48, -52, -57, -63, -70, -78, +78kg.

Men –55, –60, -66, -73, -81, -90, -100, +100kg.

Only results in these categories will be considered for selection for all EJU & IJF Junior Tournaments, Junior Europeans, -23 Europeans and Junior World Championships.

Ranking based on 2009 International results, Irish Open, All Irelands & National Squad Programme compliance

\*Denotes qualification for funded international selection

\*\* Denotes qualification for 'self-funded' international selection

## IJA JUNIOR RANKING LIST

Junior Men -55kg

No'	Name	Club
1	Matthew Rooney*	Yamakwai
2	Eoin Fleming	Yamakwai
3	Eddie Chan	Waterford
4	Edgaras Milevicius	Cavan

Junior Men -60kg

No'	Name	Club
1	Matthew Rooney*	Yamakwai
2	Piotr Szczepaniak	Ren-bu-kan

Junior Men -66kg

No'	Name	Club
1	Adam Corcoran**	Coolmine
2	Eoin McCroisain	Samurai Uladh
3	Adam Konalska	Ren-bu-kan

Junior Men -73kg

No'	Name	Club
1	Caoimhin Thompson**	Yamakwai
2	Cian Scannell**	Killarney
3	Darragh Trulock	Phoenix

Junior Men -81kg

No'	Name	Club
1	Dillon Manning**	Macroon
2	Luke McCabe	G.C.S.J
3	Paul Kelly	St. Peters

Junior Men +90kg

No'	Name	Club
1	Aidan Harkin	Samurai Uladh
2	Mark Robertson	Samurai Uladh

JUNIOR WOMEN

Junior Women -52kg

No'	Name	Club
1	Louise Brown**	St. Peters
2	Kelly Smyth	Swords
3	Celia Ho	Cavan

Junior Women -57kg

No'	Name	Club
1	Gemma Reynolds**	Yamakwai
2	Rachael Hawkes	Ren-bu-kan

Junior Women -63kg

No'	Name	Club
1	Aoife Goulding*	Waterford
2	Catherine Donnelly	Yamakwai
3	Nancie Armstrong	Ren-bu-kan

Junior Women -70kg

No'	Name	Club
1	Aoife Goulding	Waterford

### Next International Selection Events

#### Junior North West Open, Merseyside, England. 21/2/10

Selected funded athletes: Aoife Goulding (-63kg)

Selected self-funded athletes: Matthew Rooney (-60kg), Adam Corcoran (-66kg), Caoimhin Thompson (-73kg), Dillon Manning (-81kg), Louise Brown (-52kg), Gemma Reynolds (-57kg)

#### Junior European Cup, Coimbra 27&28/3/10

Selected funded athletes: HPS Members and 2010 North West Open Champions

Selected self-funded athletes: 2010 North West Open Medalists

## IJA National Cadet Squad

All medalists from the Cadet Irish Open or Cadet All Ireland Championships born in 1994/5/6 will be invited to join the Irish National Cadet Squad. *It is important to stress that every licensed Judoka aged between 13-16 is welcome to participate fully in Squad sessions.*

All 2010 EJU & IJF Cadet Tournaments are for Judoka born in 1994 & '95 only. Any athlete who achieves the results stipulated in the IJA Selection Criteria for selection for an EJU & IJF Cadet Tournament, but is born in 1996, may be selected for an alternative International event.

The EJU & IJF recognised weight categories for cadets are:

Girls -40, -44, -48, -52, -57, -63, -70, +70kg

Boys -50, -55, -60, -66, -73, -81, -90, +90kg

Only results in these categories can be considered for selection for EJU & IJF Cadet Tournaments. Positive results in lighter weight categories may be used toward selection for an alternative international event if deemed appropriate by the Cadet National Coach.

Ranking based on 2009 International results, Irish Open, All Irelands & National Squad Programme compliance

\*Denotes qualification for funded international selection

\*\* Denotes qualification for 'self-funded' international selection

## IJA Cadet National Ranking

### CADET BOYS

#### Cadet Boys -37kg

No'	Name	Club
1	Jack O'Donaghue	Killarney
1	Jamie O'Donaghue	Killarney
3	Sean McDonald	Yamakwai

#### Cadet Boys -41kg

No'	Name	Club
1	Ion Rusu*	Swords
2	Colm McKinney	Samurai Uladh
3	Ryan O'Sullivan	KSJ
4	Thomas McGarry	Samurai Uladh

#### Cadet Boys -45kg

No'	Name	Club
1	Michael McCoy**	Samurai Uladh
2	Ronan Manning**	Macroom
3	Stevie McLaughlin	Samurai Uladh
4	Eddie McLoughlin	Swords
5	Adam Kelly	Coolmine

#### Cadet Boys -50kg

No'	Name	Club
1	Azhar Syed	Samurai Uladh
2	Jack Shallow	Samurai Uladh

#### Cadet Boys -55kg

No'	Name	Club
1	Eoin Fleming**	Yamakwai
2	Barney Gallagher	Hazama

#### Cadet Boys -60kg

No'	Name	Club
1	Matthew Logan	Hazama
2	Nigel McIntyre	Samurai Uladh

#### Cadet Boys -66kg

No'	Name	Club
1	Tim Kelly	Killarney
2	Philip Kroupa	Black Eagle

#### Cadet Boys -73kg

No'	Name	Club
1	Jonathon Burns**	Waterford
2	Mateusz Berlowski	Ren-bu-kan

#### CADET GIRLS

##### Cadet Girls -44kg

No'	Name	Club
1	Shannon Lane	Cavan
2	Jennifer Fitzgerald	Killarney

##### Cadet Girls -48kg

No'	Name	Club
1	Laura Williamson	Hazama
2	Megan Armstrong	Hazama
3	Emma Fitzgerald	Killarney

Cadet Girls -52kg

No'	Name	Club
1	Kelly Smyth**	Swords
2	Marcella Janekova	Ren-bu-kan
3	Amy Nolan	St. Peters

Cadet Girls -57kg

No'	Name	Club
1	Rachel Hawkes**	Ren-bu-kan
2	Cassandra Brandao	Ren-bu-kan

Cadet Girls -63kg

No'	Name	Club
1	Catherine Donnelly*	Yamakwai
2	Kathleen McKnight	Samurai Uladh

No'	Name	Club
1	Des'ree Craddock	Cavan
1	Cody Brosnan	Killarney

**Next International Selection Event**

North West of England Open 21/2/10

European Cadet Cup, Coimbra, Portugal 15&16/5/10

Selected funded athletes: HPS Members and 2010 North West Open Champions

Selected self-funded athletes: 2010 North West Open Medalists

## IJA National Development Squad

The National Development Squad is for young Judoka born between 1997-2000. The main focus of the Development Squad training sessions is on skill acquisition. The objective for the Development Squad Coaches is to prepare this squad for the technical, physical and competitive requirements needed to progress to the National Cadet Squad. It is important to stress that every licensed Judoka aged between 9-13 is welcome to participate full in Squad sessions. Furthermore it is now a revalidation requirement for Club Coaches to attend and participate in National Squads. From September 2009 every IJA Coach must participate in a minimum of 2 National Development Squad sessions in order to revalidate their IJA Coaching Qualification. Coaching clinics at the Squad sessions will help communicate any new technical changes and assist in ensuring best practice amongst our coaches.

There will be 8 National Development Squad sessions from September 2009 to August 2010.

### Minor Girls -24kg

Name	Club
Sarah Jane Porter	Samurai Uladh
Chloe Hamilton	Yamakwai
Hannah Kilfeather	Ren-bu-kan
Eva Corr	Ren-bu-kan

### Minor Girls -27kg

Name	Club
Sanda Rusu	Swords
Emily Elliot Murphy	Re-bu-kan
Eva Conaghan	Samurai Uladh
Lisa Garland	Daigokan
Daire McCarton	Yamakwai

### Minor Girls -30kg

Name	Club
Shannon Maher	Yamakwai
Hannah Patterson	Hazama
Sarah Hassett	Black Eagle
Cara Stainsby	Samurai Uladh

Minor Girls -33kg

Name	Club
Aine McNulty	Ren-bu-kan
Amelia McCormack	Ren-bu-kan
Tiffany McDonald	Ren-bu-kan
Enya O'Doherty	Samurai Uladh

Minor Girls -36kg

Name	Club
Victoria Colohoun	Samurai Uladh
Sinead Harnett	Samurai Uladh
Amelia McCormack	Ren-bu-kan

Minor Girls -40kg

Name	Club
Sarah O'Gara	Coolmine

Minor Girls -44kg

Name	Club
Karen Kelly	Samurai Uladh
Rosie Day	Black Eagle
Roisin Taplin	Black Eagle

Minor Girls +44kg

Name	Club
Zeile Gallagher	Hazama
Branagh Barford	Samurai Uladh
Kerri Gibbons	Coolmine
Karen Kelly	Samurai Uladh
Mary Jane O'Donnell	Samurai Uladh

Minor Boys -25kg

Name	Club
Niall Corr	Ren-bu-kan
Mark Kearney	Ren-bu-kan
Steven Vanieuekevich	Fudoshin
Caolan McKee	Yamakwai
Christian Andranonache	Daigokan
Philip McGrath	Ren-bu-kan
Robert Winchester	Hazama

Minor Boys -28kg

Name	Club
Adam Collison	Black Eagle
Callum Green	Samurai Uladh
Richard Vanieuekevich	Fudoshin
Jordan McDonald	Yamakwai

Minor Boys -31kg

Name	Club
Callum Nash	Samurai Uladh
Cillian Brosnan	Killarney
Daniel Hemming	Fudoshin
Ciaran Crawford	Yamakwai
Mark McKearney	Ren-bu-kan

Minor Boys -34kg

Name	Club
Joshua Green	Samurai Uladh
Thomas Stainsby	Samurai Uladh
Maxim Trigub	Coolmine
Dan Leporda	G.C.S.J
Conor McCauley	Samurai Uladh

Minor Boys -37kg

Name	Club
Patrick Doherty	Samurai Uladh
Finn McLaughlin	Samurai Uladh

Minor Boys -41kg

Name	Club
Dimitri Ipati	G.C.S.J
Bearach Gleeson	Daigokan
Dylon Lyons	Ren-bu-kan
Joey O'Neill	Black Eagle

Minor Boys -45kg

Name	Club
Oisin McLaughlin	Samurai Uladh
Thomas Gallagher	Hazama
Jack Cunningham	Yamakwai
Patrick Doyle	G.C.S.J

Minor Boys +45kg

Name	Club
Fionn McCormack	Ren-bu-kan
Brian McNulty	Ren-bu-kan
Graham Malley	Phoenix