

# Leinster Judo Council

## RE: 2009 Open Training Session

Dear Coach

As you are aware the 2009 Leinster Open Judo Championships will take place on 3<sup>rd</sup> October 2009 in Leisurepoint Sport & Fitness Centre, Cardiffsbridge Road, Finglas, Dublin 11.

As part of our activities we are running an open training session on the Sunday from 10am to 12pm for all competitors. We have a large team travelling from Denmark across all categories and they among others are in confirmed attendance.

### Session Details

**Venue** :NTC  
Leisurepoint Sport & Fitness Centre,  
Cardiffsbridge Road,  
Finglas,  
Dublin 11.

**Date:** Sunday 4/10/2009

**Time:**10am -12pm

**Cost- FREE for all competitors from the Leinster Open**  
**Non competitors welcome €5 mat fee applies.**

Please notify numbers in advance to allow correct coaching numbers to [leinsterjudo@gmail.com](mailto:leinsterjudo@gmail.com) or telephone/text 086-0208984.

Kind regards

Yours sincerely,

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Mark Forde,  
Tournament Director