

Irish Judo Association

Grading Syllabus

6th Kyu to 1st Kyu



**Implementation Date:
1st January 2008**

Notes

1. This Syllabus is in effect from January 2008 and supersedes all previous Syllabus for 6th Kyu-1st Kyu.
2. All gradings should take place in a suitable venue with a suitable mat area.
3. Players are expected to be properly prepared for examination up to the grade being sought. This responsibility lies with the player's club.

Grading Officers

1. A standard grading officer may grade Judoka up to 4th Kyu at club or regional level and may grade Judoka up to 1st Kyu at national level.
2. A national grading officer may grade at club or regional level as detailed above, at national level may grade Judoka up to the level below their own level if only one national grading officer is present and may grade to their own level if two or more national grading officers of the same grade are present.

Requirements for Standard Grading Officer

1. Must be over 21 years of age.
2. Must have held a 1st Dan grade for at least 2 years.

Requirements for National Grading Officer

1. Must be over 25 years of age.
2. Must have held a 2nd Dan grade for at least 2 years.
3. Must have held the position of standard grading officer for at least 2 years.

Grading Requirements

Kyu Grading

1. Kyu gradings can be done up to 4th Kyu in a local club.
2. A maximum of three Kyu gradings may be undertaken per year.
3. Pass standard up to 4th Kyu is proficiency in at least 50% of the syllabus.
4. Pass standard from 4th Kyu through to 1st Kyu is proficiency in at least 65% of the syllabus.
5. Judoka must be able to demonstrate randori skills from 4th Kyu and above.
6. Judoka must compete when grading for their 2nd and 1st Kyu grades. Two out of four fights must be won by Ippon or Wazari to be considered for the next grade.
7. Grading Judoka must be able to demonstrate all techniques on the move.
8. Grading Judoka must be able to demonstrate Kaeshi Waza from 6th Kyu.

Requirements for 6th Kyu

Ukemi	Full break falls
Nage-Waza	Uki-Goshi O-Goshi O-Soto-Gari O-Uchi-Gari Ko-Uchi-Gari Ko-Uchi-Gake
Osaekomi-Waza	Kesa-Gatame Escape Kesa-Gatame Kuzure Kesa-Gatame Escape Kesa-Gatame Mune-Gatame Escape Mune-Gatame
Shime-Waza	Hadake-Jime
Kansetsu-Waza	Ju-Ji-Gatame
Nage no Kata	Not Required
Terminology	Hajime Matte Rei Dojo

Requirements for 5th Kyu

Ukemi	Full break falls
Nage-Waza	Tai-Otoshi Koshi-Guruma Tsuru-Komi-Goshi Tsuru-Goshi
Osaekomi-Waza	Yoko-Shiho-Gatame Escape Yoko-Shiho-Gatame Kuzure-Yoko-Shiho-Gatame Escape Kuzure-Yoko-Shiho-Gatame Kata-Gatame Escape Kata-Gatame
Shime-Waza	Nami-Ju-Ji-Jime Gyaku-Ju-Ji-Jime
Kansetsu-Waza	Ude-Gatame
Nage no Kata	1st Set
Terminology	Osekome Toketa Soremade

Requirements for 4th Kyu

Ukemi	Full break falls
Nage-Waza	Ippon-Seoi-Nage Morote-Seoi-Nage Harai-Goshi O-Guruma Hane-Goshi O-Soto-Guruma
Osaekomi-Waza	Kami-Shiho-Gatame Escape Kami-Shiho-Gatame Kuzure-Kami-Shiho-Gatame Escape Kuzure-Kami-Shiho-Gatame Tate-Shiho-Gatame Escape Tate-Shiho-Gatame
Shime-Waza	Kata-Ha-Jime
Kansetsu-Waza	Ude-Garame
Nage no Kata	1 st Two sets
Terminology	Sonamama Yoshi Sensini

Requirements for 3rd Kyu

Ukemi	Full break falls
Nage-Waza	Makikomi Hane-Makikomi Harai-Tsurikomi-Ashi Ashi-Uchi-Mata Koshi-Uchi-Mata Ko-Soto-Gari Ko-Soto-Gake
Osaekomi-Waza	Ushiro-Kesa-Gatame Escape Ushiro-Kesa-Gatame Ushiro-Yoko-Shiho-Gatame Escape Ushiro-Yoko-Shiho-Gatame Makura-Kesa-Gatame Escape Makura-Kesa-Gatame
Shime-Waza	Sangaku-Jime Koshi-Jime
Kansetsu-Waza	Kanuki-Gatame
Nage no Kata	1 st Three Sets
Terminology	Koka Yuko Wazari Ippon

Shido
Hansoku-Make
Requirements for 2nd Kyu

Ukemi

Full break falls

Nage-Waza

Okuri-Ashi-Barai
Sasae-Tsurokumi-Ashi
De-Ashi-Barai
Hiza-Guruma
Ashi-Dori
Morote-Gari
Tomoe-Nage
Yoho-Tomoe-Nage
Sumi-Gaishi

Osaekomi-Waza

Kuzure-Tate-Shiho-Gatame
Escape Kuzure-Tate-Shiho-Gatame

Shime-Waza

Ryote-Jime
Tsuru-Kome-Jime

Kansetsu-Waza

Waki-Gatame

Nage no Kata

1st Four Sets

Terminology

Judoka
Judogi
Demonstrate Score Signals

Demonstrate Penalty Signals

Requirements for 1st Kyu

Ukemi	Full break falls
Nage-Waza	Ushiro-Goshi Utsuri-Goshi Seoi-Otoshi Yoko-Wakare Tani-Otoshi Sukui-Nage Kata-Guruma Rolling Kata-Guruma
Osaekomi-Waza	Three Turnovers to Hold Downs
Shime-Waza	Katsugi-Jime Kata-Ju-Ji-Jime
Kansetsu-Waza	Hiza-Gatame Ashi-Gatame
Nage no Kata	All Five Sets
Terminology	Tachi-Waza Ne-Waza Katame-Waza Shime-Waza Kansetsu-Waza

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