

# **Irish Judo Association**

## **Grading Syllabus**

### **Dan Grades**



**Implementation Date:  
1<sup>st</sup> January 2008**

## **Dan Grading**

### **1st Kyu to 1st Dan**

1. Must be done at national level
2. May partake in 3 gradings per year
3. Judoka must build up 100 points from no more than 18 fights at national gradings (6 fights per grading)
4. Points from nominated competitions (Irish Open & Irish Closed) can be used.
5. A 75% level of proficiency of the syllabus techniques

#### **From Basic Syllabus:**

1. 20 techniques including Renzoku waza, Renreaku Waza and Kaeshi Waza.
2. Full demonstration of Nage No Kata

### **1st Dan to 2nd Dan**

1. Must be done at national level
2. May partake in 3 gradings per year
3. Judoka must build up 100 points from no more than 18 fights at national gradings (6 fights per grading)
4. Points from nominated competitions (Irish Open & Irish Closed) can be used.
5. An 80% level of proficiency of the syllabus techniques.
6. Judoka will have been active at club level for 5 years, at regional level for 3 years and at national level for 1 year.

#### **From Basic Syllabus:**

1. 20 techniques including Renzoku waza, Renreaku Waza and Kaeshi Waza.
2. Full demonstration of Nage No Kata

## **2<sup>nd</sup> Dan to 3<sup>rd</sup> Dan**

1. Must be done at national level
2. May partake in 3 gradings per year
3. Judoka must build up 100 points from no more than 18 fights at national gradings (6 fights per grading)
4. Points from nominated competitions (Irish Open & Irish Closed) can be used.
5. An 85% level of proficiency of the syllabus techniques.
6. Must request in advance to sit theory and kata and must be examined by a minimum of two 3<sup>rd</sup> Dan national graders or equivalent.
7. Judoka will have been active at club level for 7 years, at regional level for 5 years and at national level for 3 years.

From Basic Syllabus:

1. 20 techniques including Renzoku waza, Renreaku Waza and Kaeshi Waza.
2. Full demonstration of Nage No Kata
3. Full demonstration of Katame No Kata

## **3<sup>rd</sup> Dan to 4<sup>th</sup> Dan**

1. Must be done at national level
2. May partake in 3 gradings per year
3. Judoka must build up 100 points from no more than 18 fights at national gradings (6 fights per grading)
4. Requires higher proficiency of syllabus and kata.
5. Judoka will have been active at regional level for 5 years and at national level for 5 years.

From Basic Syllabus:

1. 20 techniques including Renzoku waza, Renreaku Waza and Kaeshi Waza.
2. Full demonstration of Nage No Kata
3. Full demonstration of Katame No Kata

### **4<sup>th</sup> Dan to 5<sup>th</sup> Dan**

1. Must be done at national level
2. May partake in 3 gradings per year
3. Judoka must build up 100 points from no more than 18 fights at national gradings (6 fights per grading)
4. Requires higher proficiency of syllabus and kata.
5. Judoka will have been active at national level for 10 years.

From Basic Syllabus:

1. 20 techniques including Renzoku waza, Renreaku Waza and Kaeshi Waza.
2. Full demonstration of Nage No Kata
3. Full demonstration of Katame No Kata

### **The Honorary System**

The executive has the right to offer all honorary dan grades to anyone outside the membership of the IJA, or a present, past or new member coming in from another association or body. The executive will seek the opinion of the standing technical committee where the technical input is relevant.

## Definition of Activity Levels

### ***Club Level***

- Have contributed to the club by way of:
- Club coaching
- And/or on Club Committee
- And/or Club Development
- And/or Club Member
- And/or Local competitions

### ***Regional Level***

- Have been involved:
- At committee level
- And/or coaching regional squad
- And/or regional development
- And/or coaching
- And/or refereeing
- And/or competitions

### ***National Level***

- Have been involved:
- At executive level
- And/or national squad
- And/or coaching committee
- And/or medical commission
- And/or technical standards development committee
- And/or national competitions committee
- And/or any other national committee of the executive of the IJA

There is a higher level of involvement required from 3<sup>rd</sup> Dan to 4<sup>th</sup> Dan and from 4<sup>th</sup> Dan to 5<sup>th</sup> Dan across the board.

### Source References:

The A – Z of Judo – Syd Hoare  
The Canon of Judo – Kyuzo Mifune  
Kodokan Judo – Jigoro Kano  
JudoInfo.com - Neil Ohlenkamp